

Columbia Soccer Club Fall Report

November 2008

Inside this Issue

- 1 Volunteers; Thank you!
- 2 Minding Our Manners
- 3 Columbia Soccer Club and CMSRA: Shortage of Certified Referees
- 3 Columbia Pride
- 4 Columbia Soccer Academy
- 4 Elections
- 5 Sponsors and Scholarships
- 6 Calendar

Columbia Soccer Club
PO Box 7506
Columbia, Mo 65205

Volunteers; Thank you!

Our Club and the importance of the Volunteers.

The Columbia Soccer Club is primarily run by the power of the volunteers. Without you much of what we do would not be possible. Thank you to everyone who is currently offering their time. At the beginning of this soccer season like many of the past years since I have been involved in with the Columbia Soccer Club, there are a number of requests for volunteers.. There is a shortage of coaches, coordinators and team parents. In my time with the club I have held two of these positions and would like to share some information to help ease the minds of people who are considering helping the families participating with Recreational Division of Columbia Soccer Club .The Division Coordinators are responsible for creating the teams from the registration applications received via Blue Sombrero. The Registrar, Stephanie Daugherty will grant the Division Coordinators access to the information and teach Division Coordinators how to build a team within the Blue Sombrero system. After the players have been placed on teams and teams have been assigned coaches, the Coordinators help with the distribution of equipment. During the seasons the coordinators attend monthly board meetings. This helps the Club have a better understanding of concerns that have been brought to the attention of coordinators so they may be addressed by the club. They will also add players to teams as space becomes available, assist the coaches in reschedule games and with equipment issues. The Coordinators are a vital part of making the club work efficiently. Normally the club has over 100 teams and up to 1500 players. Without the coordinators the games would

not take place. Another vital piece of the puzzle is the coaches and assistant coaches. Without coaches the coordinators cannot create the teams. The most common question asked about coaching is “does someone have to have previous soccer experience to help?” It is helpful but not required. The coaches are there to organize practices and run the games. I am in the process of constructing practice plans with detailed training sessions that will include “coaching points” to help guide the players. In the meantime, if a coach has a question regarding training their team, I am more than happy to help to provide practice plans or answer any questions you may have. To be a coach all you have to do is be willing to donate your time and energy to our children. The club will help in any way possible to make you and your team’s experience a positive one. Team Parents help pull it all together. They are normally the persons that set up a contact list, email or phone tree to communicate with the team. Many teams have a drink and snack schedule. This list is created by the team parent. The team parents can also help the coaches by contacting the club if there is a need for equipment or if a scheduling issue arises. With the participation of more volunteers the Columbia Soccer Club will be able to provide a great soccer experience. The coaches and coordinators will be reimbursed for their player fees. After the 2006-2007 seasons the club hosted an end of the season barbeque to thank our volunteers. We hope to continue this event after every soccer year as a way for us to show our appreciation to those who are willing to give of themselves. Without your help, some of our children would not be able to play. For more information please contact Ray St. Omer, Executive Director, via email at director@columbiasoccerclub.net.





Minding Our Manners

The Importance of Sideline Etiquette

We all recognize that soccer is a very passionate game for both the players and the fans. But when it comes to youth soccer, the soccer pitch can bring out some of the worst instincts we have. We all want our child to play, play hard, play well and have fun. We want them to be well coached, play on a team that is competitive in their category, and benefit in a host of ways from being involved in competitive athletics. Yet we, as parents, sometimes undercut how much fun our kids have, and how much they will actually benefit. This happens by and through our behavior, especially during games. So here is a reminder of little things that we can all do on the sidelines this year to make this soccer season more pleasant for all concerned, most importantly the kids.

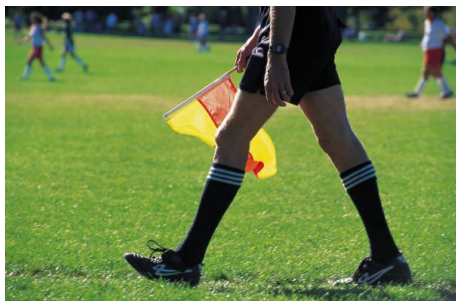
15 things to keep in mind while watching from the sidelines:

1. Let the coaches coach. If you are telling your child or any other player for that matter to do something different from what their coach is telling them, you create distraction and confusion.
2. It is very unnerving for many young players to try and perform difficult tasks on the field on the spur of the moment when parents are yelling at them from the sidelines. Let the kids play. If they have been well coached, they should know what to do on the field. If they make a mistake, chances are they will learn from it.
3. Do not discuss the play of specific young players in front of other parents. How many times do you hear comments such as, "I don't know how that kid made this team" or "that kid is

just not fast enough." Negative comments and attitudes are hurtful and totally unnecessary and kill parent harmony, which is often essential to youth team success.

4. Discourage such toxic behavior by listening patiently to any negative comments that might be made, then address issues in a positive way. Speak to the positive qualities of a player, family or coach.
5. Do your level best not to complain about your child's coaches to other parents. Once that starts, it is like a disease that spreads. Before you know it, parents are talking constantly in a negative manner behind a coach's back. (As an aside, if you have what you truly feel is a legitimate beef with your child's coach; please make arrangements to discuss those issues directly with the coach or club representative at an appropriate time.)
6. Make positive comments from the sideline. Be encouraging. Young athletes do not need to be reminded constantly about their perceived errors or mistakes. Their coaches will instruct them, either during the game or at half-time, and during practices. You can often see a young player make that extra effort when they hear encouraging words from the sideline about their hustle.
7. Avoid making any negative comments about players on the other team. Besides being tasteless and classless, these kinds of comments can be hurtful to the young person involved and to their family as well.
8. Try to keep interaction with parents on the other team as healthy and positive as possible. Who's kidding whom? You want your child's team to win. So do they. But that should not make us take leave of our senses, especially our common sense. Be courteous until it hurts; avoid the 'tit for tat' syndrome.
9. Parents on the 'other' team are not the enemy. Neither are the players on the other team. We should work to check any negative feelings at the door before we hit the pitch.
10. What is the easiest thing to do in the youth sports world? Criticize the referees. Oh, there are times when calls are missed, absolutely. Which can unfortunately, directly affect the outcome of a game. That being said, those who officiate youth soccer games are hardly over-compensated, and give it an honest and often quite competent effort. At worst, they at least try to be fair and objective.
11. On that note, outbursts from parents on the sideline made toward the referees only signal to our own children on the field that they can blame the refs for anything that goes wrong. Blaming others is not a formula for success in sports.
12. Yelling comments such as "Good call ref" or "Thanks ref" may only serve to alienate an official. The ref always assumes they made the proper call, that's why they made it. Trying to show superficial support because the call went your way is simply annoying to the officials, and to anyone within earshot.
13. Walking up and down along the sidelines, following the play is unnerving to players and totally unnecessary, particularly if you are trying to yell out instructions to various players including your child. It is likely embarrassing to the player(s) involved and simply counterproductive.
14. We are all tempted to say things in the 'heat of the moment'. But we don't excuse athletes for doing inappropriate things in the 'heat of the moment'. So we should apply similar standards to our own sideline behavior.
15. The parking lot is not the time to 'fan the flames'. Whether it is a coach's decision, a referee call, a comment that was made, let it go! Don't harass the coach, or an official, or a parent on the other team after the game is over. Go home relax, and unwind. Talk positively with your child. The ride home is sometimes as important as the game itself. Make that time a good memory for your child by discussing as many positives as you can about her, her coaches, her teammates, etc.

Please keep these items in mind when attending your child's soccer games. This will make for a more enjoyable atmosphere for all involved.



Columbia Soccer Club and Central Missouri Soccer Referee Association (CMSRA) Need More Referees.

The CMSRA and Columbia Soccer Club Would like to ask anyone interested in becoming a referee to consider attending the next entry level clinic to begin the certification process the entry level clinic is a two day clinic. The cost of the clinic and CMSRA membership ranges from \$50-\$75. Referees are paid for their services. For Recreational games the pay range \$8.00 (U9) to \$19.00 (U16-U19). The Clinic is normally hosted on the MU Campus over the course of a weekend Saturday and Sunday from 9:00AM – 5:00PM. In order to become certified, participants must attend the entire clinic. All testing will be done during the course. Who can be a referee? Anyone ten (10) years old or older can become a referee. What would be ideal would be having a decent mix of younger and adult officials. What a few families have done is taken the class as a family. Then mothers, fathers and children have worked games as a crew. This is a great opportunity for coaches, parents and players to gain a better understand of the game. Taking the time to learn the duties and responsibilities of a referee not only gives all a better understanding of the game but helps everyone learn how being a referee is not as easy as many people think. The more certified officials we have in the system the better we can service the Soccer community. As soon as the details are released for the next entry clinic Columbia Soccer Club will post the information on our website and send a mass email to our members. In the meantime; for more

information about the CMSRA please visit their website @ <http://www.joomla.cmsra.info> / or www.cdsoccer.org

Competitive Soccer: Columbia Soccer Club, Columbia Pride.



Columbia Pride is the competitive arm of Columbia Soccer Club. There are both Boy’s and Girl’s teams playing in the Pride system. In the U9 - U12 age groups, our primary focus is on developing essential soccer skills and instilling a love for the game. At U13 and U14, that focuses shifts to more advanced training and tactics. By U15 and up, Pride is dedicated to providing the highest level training available. To do that, we have worked to build the strongest coaching staff in Central Missouri. Led by head coach Kevin Roderique, our current coaching staff features coaches with significant college and club experience. Columbia Soccer Club is a major player in building Columbia’s soccer infrastructure by privately developing Pride Park. Today, Pride Park features five competition-quality soccer fields, two lit for night play, with four more in the planning stages, as a private practice facility. Pride Park is unmatched in Mid-Missouri. In due time, the park will provide additional play space for Columbia Soccer Club’s Recreational program, further proving our commitment to building soccer for all of Columbia.

A letter from Stephanie Daugherty, Pride Vice President; Pride currently has 5 girls and 11 boys’ teams with 71 girls and 161 boys participating in the Columbia Soccer Club competitive program.

As our fall season is ending for most teams, we want to thank the parents for transporting your children and others to and from practices and games; our coaches for their time spent with the players training and traveling; and

especially the players for their commitment to their teams to make our club the best it can be. Many successes have been made on and off the fields by our players this season, and we are glad to call you a member of our PRIDE team!

Our fall tournament was another success with teams participating from Missouri, Kansas, Iowa & Illinois, with many looking to return for our Spring Invitational to be held April 24-26, 2009. Other upcoming events to watch for include our annual general meeting, winter indoor training sessions, college symposium, banquet, and the St. Louis Soccer Academy, among others. Please make sure you have an account on our Blue Sombrero site to receive the latest updates for all events. Sign up online at: <http://www.bluesombrero.com/Default.aspx?alias=www.bluesombrero.com/columbia>.

The Club is always looking for assistance. Whether it is helping to maintain the fields, gather donations for the banquet, taking photos for the website, serving on the tournament committee, etc.; the Club would like your participation. If you are willing to make time, let your team manager or a Board member know. They will get you involved. For board contact information please go to <http://www.columbiasoccerclub.net/PrideBoard.asp>.

Stephanie Daugherty
CSC Pride Vice President
sdaugher@columbiasoccerclub.net



**Columbia Soccer Club Elections
6:30PM Monday December 6, 2008**

Columbia Soccer Academy; Focuses on the FUNDamentals of soccer.



Columbia Soccer Club is pleased to announce the continuation of The Columbia Soccer Academy which is designed to provide higher-level soccer training for U6-U9 girls and boys. The training is focused on developing basic soccer skills while having fun. The Academy is a great stepping stone for players and parents who are looking for more training without the stress or travel of a competitive league.

Led by Mid-Missouri's most experienced training staff, the Academy will balance high level soccer skill training and exciting game play, with an approach that emphasizes, more than anything, the pure joy of soccer. Please sign in to your recreational soccer account to sign up: <http://www.bluesombrero.com/Default.aspx?alias=www.bluesombrero.com/columbia>

For questions, please email Ray St. Omer at director@columbiasoccerclub.net

From Kristen Temple, Interim President, Columbia Soccer Club.

Greetings!

The time has come for the Columbia Soccer Club to elect our leadership for 2009 and you as a member of the Club are an important part of that process. As a general member if you are in attendance at the election you are eligible to vote. Elections this year will take place at 6:30 PM, Monday, December 8 in the 2nd floor conference room of the Armory (corner of 7th & Ash in Columbia. A slate of nominees for the four elected positions has been identified by a nominating committee. These individuals are automatically on the ballot and additional nominees will be taken from the floor as long as those individuals are there and consent to serve (or have provided that consent in advance).

The club is currently in the process of reviewing and revising our by-laws so these officers will be critical in that process and their duties as outlined below may change during their time in office. The four offices that will be elected and their duties (as outlined in the current by-laws) are as follows:

President – calls and presides over meetings, prepares yearly calendar of events (July 1 – June 30), represents the club and serves on the Executive Committee of the Competitive Division. The President maintains the Policy Manual, and is responsible for the monthly agenda. The President or his appointee will attend MYSA district/state meetings.

Vice-President Recreation – conducts evaluations of all soccer fields semiannually (May and October) and all equipment annually (October and May) and as requested. Oversees collection of equipment at end of spring season; procures quality uniforms and equipment

at the best possible value; helps establish priorities for facility development and consults with the Facilities and Equipment Chairperson.

Secretary – keeps minutes of Board of Directors, Executive Committee and open meetings; the secretary will mail minutes of all meetings to the Board of Directors within two weeks after meetings.

Treasurer – keeps financial records and prepares monthly reports; pays bills, insurance, taxes, etc.; invests funds properly; develops annual budget; consults with finance chairperson.

The nominated candidates and their statements are as follows:

President – Steve Adkins
I began playing soccer in New Jersey at the age of 6. I began playing competitively at the age of 8. I played competitively through high school. I Played soccer in high school (in KC, MO area). I played in rec and competitive indoor leagues in the KC area through high school. I played soccer at NMSU now Truman State University) and my freshman year under coaches Dave Poggi and Dan Hogan. I began coaching soccer six years ago here in Columbia in the recreational leagues. I have coached U6, 7, 8, 9, 10 and 12 as well as U14/16girls. My philosophy for rec soccer is to teach soccer skills in an entertaining way so that not only do the kids learn the necessary skills, but develop a passion for the game of soccer, as well. As far as competition, a bit more stress needs to be emphasized on the skills necessary to compete against other teams in the state and beyond. Kids cannot compete if they do not have the basic skills (a baby needs to learn to walk before it can run). If a player cannot settle or strike the ball with skill, all the coaching of strategy in the world will not help much. The atmosphere still must be one of respect between player and staff, and staff and player. If it can be made a bit more enjoyable, the more likely that player will continue in soccer, and not get burned out.

Vice President – Pia Capell
I've been involved with the Columbia Soccer Club for about the last 5-6 years with both of my children playing in the recreational soccer program for the last couple of years I've volunteered to be a team coordinator and just recently I took

over as the vice president of recreational soccer. I love the game of soccer and even played in the Columbia recreational soccer program when I was a child. I think the soccer club is a great program to get kids involved in something physical, learn team building skills, and possibly transition into playing competitive soccer. Because I've been a recreational parent, I've tried to do whatever I can as a team coordinator and vice president, to be helpful, responsive, and accommodating to parents and coaches with questions and concerns. I believe in keeping parents and coaches well informed and giving them as much advanced notice as possible for upcoming club events. I have enjoyed becoming more involved in the soccer club as a board member and would like to continue offering my assistance as vice president of recreational soccer. Thanks for your time.

Secretary – Misti Hollrah

Misti Hollrah is the mother to four children who have been participating in either the Recreational or Competitive leg of Columbia Soccer Club since 1998. Misti became the league commissioner and referee assignor for the Central Missouri Soccer League in May of 2003. In addition to running CMSL during the spring, fall and winter (Futbal) seasons, Misti has been a Division Coordinator for Columbia Soccer Club since 2000. Misti is currently serving on the By-Laws committee for Columbia Soccer Club. Misti attends the MYSA Annual General Meeting each year as well as attends the Central District meetings.

Treasurer – Robert P. Perkins

My son has been part of the Columbia Soccer Club for about the last 10 years. He began playing soccer with Rec and then moved over to Pride. During that time I have been an assistant coach and a coach for one season. Our family has benefitted tremendously from soccer and it has been my desire to help out in any way possible. The opportunity to be the club treasurer seems to be a natural fit. I have been in charge of the accounting department for a financial institution for approximately 20 years.

Please contact me if you have any questions, president@cumbiasoccerclub.net or 573-447-2337.

Sincerely,
Kristen M. Temple
Interim President
Columbia Soccer Club

Thanks to our sponsors and others that contribute to Columbia Soccer Club Sponsorships and scholarship Programs.

Columbia Soccer Club is a non-profit 501 C3 organization. In the many years I have been with Columbia Soccer Club we have never denied a player the pleasure of playing soccer due to the family being unable to pay for their player(s) fees. Thanks to many families within the soccer community we have been able to continue this program through the years. The Columbia Soccer Club would like to thank those who have been willing to give others the opportunity to play a great game, be active and meet new people. Your generosity is greatly appreciated by the club and all of those you have touched. A special thanks to the Kid First Optimist Club for operating the concession stand. After every season Columbia Soccer Club receives a donation. For more information about this service organization please visit their website www.kidsfirstoptimists.org. In an effort to keep our fees as low as possible we have started a Sponsorship Program for both the recreational and competitive arms of the club. Last spring we started a program for Columbia Pride. The Sponsorship of a Columbia Pride competitive soccer team provides your product or service significant exposure to a very attractive audience demographic, as well as association with Mid Missouri's largest, most recognized, most respected youth soccer program. Meanwhile the Recreational Arm has a program of its own. This program offers different levels of sponsorship. From the Recreational

Team Sponsorship: \$200.00 per year. There is also the Bronze, Silver and Gold Level Sponsorships. We would like to thank our current sponsors SoccerPro, www.soccerpro.com, Mizzou Credit Union, Moberly Emergency Associates P.C., Advanced Radiology, John Despain Dermatology, J. Louis Crum Corporation, Stoney Creek Inn, Dsport and Kelani. For more information about these programs please contact Ray St. Omer, Executive Director. If you have suggestions for other organizations and/or businesses who might be interested in sponsoring our activities, please contact: Ray St. Omer director@cumbiasoccerclub.net

